

St. Alphonsus Liguori "Rock" Catholic Church

1118 North Grand Blvd. St Louis, MO 63106

314-533-0304 (ph) 314-533-4260 (fax) parish130@archstl.org (e-mail)

www.stalphonsusrock.org (website)

or Like us on Facebook at St Alphonsus "Rock" Liguori Catholic Church

Rev. Stephen Benden, C.Ss.R., Pastor

Rev. Rodney Olive, C.Ss.R., Associate Pastor



Mission

"To Joyfully Preach, Teach, and Live the Word of God"

Theme

"Fill us up with your wisdom and guidance as we strive to do more in 2024!"



PASTORAL STAFF

Sharon Cooney-Smith, Dir. Religious Education
Roberta George, Secretary
Deborah Grant, Clerical Support
Angela Harris, Bulletin Editor
Denise Phillips, Business Manager

SUPPORT STAFF

Bro. Eugene Patin, Pastoral Staff
Terrance Gipson, Maintenance
Terri Schneider, Dir. Hardin Food Pantry

MUSIC MINISTRY

Malcolm Speed
Danny duMaine

REDEMPTORISTS IN RESIDENCE

Rev. Tom Donaldson, C.Ss.R.
Rev. Thomas Santa, C.Ss.R.

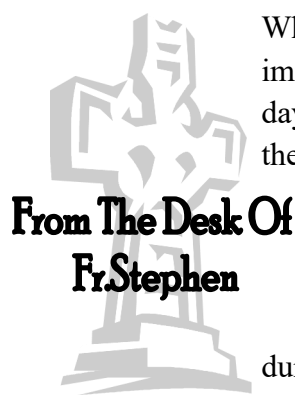
SACRAMENT OF RECONCILIATION (Call for Appointment)

SUNDAY MASS:
10:00 a.m.

DAILY MASS:

TUESDAY:
11:30 a.m. Our Mother Of Perpetual Help Novena & Mass
(M, W, Th & F.) 11:30 a.m. (Rectory Chapel)
Saturday: 9:30 a.m. (Church)





**From The Desk Of
Fr. Stephen**

What a week it has been. I hope you were able to fully immerse yourself with the events of Jesus these past seven days. It never ceases to amaze me what the Father asked the Son to do. He asked his Son to give of his own life that we might live. In real life, this does not happen too often, but sometimes, it does happen that one person offers to die for someone else. St. Maximillion Kolbe comes to mind. He was a Polish priest in Auschwitz during Hitler's reign. One man had escaped, and five men were chosen to die to provide an example to the rest.

One man, a young man, was chosen. He had a wife and kids. St. Kolbe said he would be willing to die, taking the place of the man. He and the others were put in a room and starved to death. The Nazis opened the room two weeks later, and St. Maximillion was the only one still alive. The Nazis then executed him. Some years later, this same man was at the beatification of Maximillion Kolbe, giving testament to what this saintly priest had done. To give one's life so that another might live. Many of us have given ourselves to loving and caring for others so that they might live. I think of a mom and dad working many hours to provide for their kids. It is good to give of ourselves in service of one another and ultimately for God.

I saw the movie Cabrini with Brother Gene and Fr. Rodney last week. It is a very good movie about a woman from Italy, a religious sister, who works night and day helping people. She and her sisters come to America to work for the Italians in 5 Points, New York City. At every point of her heroic life, this poor sister is confronted with racism. At this time, Italians were some of the last to enter America, and because of this, they were rudely treated. It is amazing how Sr. Frances Cabrini dealt with it all. She stood her ground every time; she was not easily intimidated and stood up to so many, and eventually, God's plan fell into place. When she first started her journey, others told her she needed to succeed for women's rights. If she failed, it would prove, once again, to chauvinistic men that women were not up to the task of leadership. Well, her will proved stronger than any man she encountered. What a marvelous woman she was. I talk about St. Frances today because the world can still be chauvinistic.

In today's Gospel, Mary Magdelene is a lot like St. Frances. She stood below the cross and discovered the empty tomb. All the men had run away in fear, but she remained. I think it is important to thank the women in our world in our church, in our parish, for the leadership and hard work they provide. And so, I thank the women of this parish for their commitment and dedication. It is much appreciated.

Have a great week.

Weekly Readings...

Sunday:

Acts 10:34a, 37-43/
Ps 118:1-2, 16-17, 22-23 (24)
Col 3:1-4 or 1 Cor 5:6b-8
Jn 20:1-9 or Mk 16:1-7

Monday:

Acts 2:14, 22-33/Ps 16:1-2a and 5, 7-8, 9-10, 11/Mt 28:8-15

Tuesday:

Acts 2:36-41/Ps 33:4-5, 18-19
20 and 22/Jn 20:11-18

Wednesday:

Acts 3:1-10/Ps 105:1-2, 3-4, 6-7
8-9/Lk 24:13-35

Thursday:

Acts 3:11-26/Ps 8:2ab and 5, 6-7
8-9/Lk 24:35-48

Friday:

Acts 4:1-12/Ps 118:1-2, and 4
22-24, 25-27a/Jn 21:1-14

Saturday:

Acts 4:13-21/Ps 118:1 and
14-15ab, 16-18, 19-21
Mk 16:9-15

Sunday:

Acts 4:32-35/Ps 118:2-4, 13-15,
22-24 (1)/1 Jn 5:1-6/Jn 20:19-31

SAINTS AND SPECIAL OBSERVANCES

Sunday:

Easter Sunday

Monday:

Monday within the Octave of Easter;
April Fools' Day

Tuesday:

Tuesday within the
Octave of Easter

Wednesday:

Wednesday within the
Octave of Easter

Thursday:

Thursday within the
Octave of Easter

Friday:

Friday within the Octave of Easter

Saturday:

Saturday within the
Octave of Easter

Sunday

2nd Sunday of Easter (Divine Mercy)

**INTENTIONS 03/19/24**

Carr, Jeff
Diaz, Evie
Duclerne, Joseph
Duncan, Kara
Golden, Sherrill A.
Golden, James L.
Guiu, Dumitru
Guiu, Viorica
Hinton Family
Johnson, Billie Ms.
Johnson, Markiea
King Family
Luster, Juanita
McClain, Kenneth
Meeks, Kim
Meeks, Taniyah
Merritt, Tamala
Miller Jr., Antonio
Pinard, Viviana
Radley, Bryan
Rauch, Gerry
Sher, Lois
Thomas, April
Walker, Deneen
Walker, Jasmine
Whelan, Paul

INTENTIONS 03/26/24

Bell, Gilbert
Blanton, Linda

Brasher, Paula
Carlock, Maddie
Carlock, Stacy
Charleston, Dorothy
Clark, Louis
Cooney, Michael
Crafton, Steve
Crawford, Alexis
George, Roberta
Gilbert Family
Goldston, Natalie
Hill, Xavier
Humphrey, Shelia
Hunt, JoAnn
Kirksey, Jasmine
Jarvis, Michael
Jones, Ethel
Kemp, Monterio
Lesueur, JaVaughn
Martin, Michael
Page, Connie
Page, Mike
Pena, Emelyn de la
Potts, Pamela
Reed, Tory
Smith, June
Sullivan, Jeremiah
Thames, Michael
Thompson, Louisa
Valle, Dorothy

Weston, Dorothy
Woolfork, Virginia
Williams, Linda

SICKNESS 03/19/24

Anderson, Peggy
Barnett, Jewel
Brown, Rashad
Brown, Joyce
Brownlee, Ethel
Buckley, Darrell
Busy, Brittney
Cole, Barbara
Cloyd, Selena
Cox, Jonathan Jr.
Davis, Johnnie
DeClue, Rosalynn
Delaney, J.
Dye, Margaret
George, Betty
George, Christine
Gilliand, John
Gurley, Earline
Jones, Keiarra
Latanya Harris
Harris, Tobey
Hart, Edgar
Hollins, Albert Rev.
Jammer-Webb, Jallah
Latham, Jean
Lehmkuhl, Karen

Littleton, Ginny
Magnus, Sonette
Moore, Wilbert
O'Brien, Nancy
Officer, Marion E. Jr.
Oldani, Shirley
Payne, Lonnie
Pointer, Nelson
Polek, Dave Fr.
Remsberg, Cory Sgt.
Robinson, William, Jr.
Rodgers, Erby Lee
Salter, Debi
Shead, Diane
Sheppard, Joyce
Simpson, Lisa
Simpson, Ronald
Smith, Melba
Sonnenschein, Joseph
Sparkman, Judah
Stayton, Michael
Strong, Betty
Sullivan, Timothy
Thompson, Mary Ann
Townsend, Bob
Wright, Rhonda

SICKNESS 03/26/24

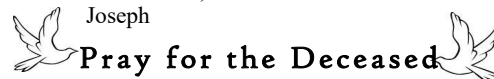
Andrews, Sarah
Anthony, Jean
Brownlee, Ethel

Brownlee, Paul
Buck, Victoria
Carvis, Janice
Coleman, Gracie
Crump, Flo
Darden, Veronica
Davis, Stephanie
George, Donna
Goldston, Natalie
Guevara, Shannon
Hodges, Carolyn
Johnson, Jennier
Lee, Pearlletta
Mahr, Brenda
McClain, Kenneth
McClain, Victoria
McDonnell, Brenda
Moze, Sylvester
Parran, Rodrick
Price, Wayne
Rasales, Devon
Reedy, Sid
Schneider, Roy
Shackleford, Joseph

Smith, Valerie
Thames, Lamar
Thomas, Aubrey
Thompson, Henry
Tillman, Dorothy
Whitfield, Edna (Mother)
Townsend, Sue
Vet, Alphonso
Westley-Coleman, Denise
Wallace, Trevia
Wester, Tyson

SHUT-INS

Atherton, Andrew
Brack, Dorothy
Hughes, Irene
Lee, Hazel
McCoy, Carolyn
McGinnis, Kathy
Moore, Brenda
Peters, Mae
Skinner, Joanna
Thomas, Bernice



Pray for the repose of the soul of †Jessica Williams

BAPTISM GUIDELINES:

Newborn – 6 years old. A parent or legal guardian and godparent(s) must attend a Baptism preparation class, instruction materials are provided.

Ages 7 – 10: The child must attend special Baptism preparation classes and the parent(s) or legal guardian and godparent(s) must attend a Baptism preparation session prior to the ceremony.

Ages 11 – 17: The young person must enroll in the Rite of Christian Initiation for Children (RCIC) program.

Age 18 and Older: The Candidate must enroll in the Rite of Christian Initiation for Adults (RCIA) program.

MATRIMONY – Engaged couples, seeking to be married at the Rock Church, must meet with the Pastor before setting a date.

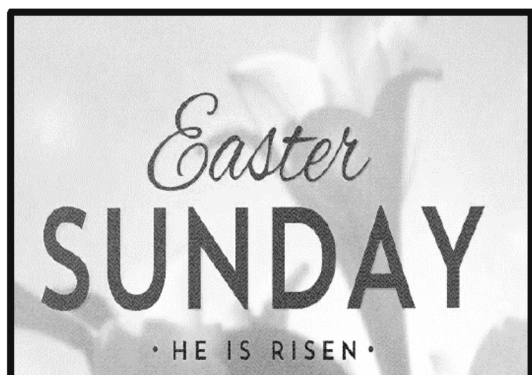
RCIA/RCIC – ARE YOU SOMEONE OR DO YOU KNOW SOMEONE WHO...

- Has expressed an interest in becoming Catholic?
- Has a child over the age of seven who has not been baptized?
- Was baptized Catholic as a child, but has not celebrated the Sacraments of Confirmation and Eucharist?

We offer an opportunity to come together in a group to learn more about the Catholic Faith. Sessions focus on the teachings and experience of the Church and prepare individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist. There are separate sessions for children and youth. You are welcome to participate in the process with your questions, insights and your faith story in a warm accepting setting.

For information on requesting any of the above Sacraments and/or to register for classes, please contact the Director of Religious Education, Sharon Cooney-Smith at 314-533-0304 ext. 1001, or via e-mail @ scooneysmith@stalphonsusrock.org.

LITURGY NOTES



The word "**Easter**" comes from Old English, meaning simply the "East." The sun which rises in the East, bringing light, warmth, and hope, is a symbol for the Christian of the rising Christ, who is the true Light of the world. The Paschal Candle used during the Easter Vigil is a central seaster Sunday 3 31 2024 symbol of this divine light, which is Christ. It is kept near the ambo throughout Easter Time and lit for all liturgical celebrations.

The Easter Vigil is the "Mother of All Vigils," and Easter Sunday is the greatest of all Sundays. The season of Easter is the most important of all liturgical times, which Catholics celebrate as the Lord's resurrection from the dead, culminating in his Ascension to the Father and sending of the Holy Spirit upon the Church. The octave of Easter comprises the eight days, which stretch from the first to the second Sunday. It is a way of prolonging the joy of the initial day. There are 50 days of Easter, from the first Sunday to Pentecost. It is characterized, above all, by the joy of glorified life and the victory over death expressed most fully in the great resounding cry of the Christian: Alleluia! All faith flows from faith in the resurrection: *"If Christ has not been raised, then empty is our preaching; empty, too, is your faith."* (1 Cor 15:14)

What you sow is not brought to life unless it dies. And what you sow is not the body that is to be, but a bare kernel of wheat, perhaps, or some other kind; So also is the resurrection of the dead. It is sown corruptible; it is raised incorruptible. It is sown dishonorable; it is raised glorious. It is sown weak; it is raised powerful. It is sown as a natural body; it is raised as a spiritual body. If there is a natural body, there is also a spiritual one.

So, too, it is written, *"The first man, Adam, became a living being," the last Adam a life-giving spirit. But the spiritual was not first; rather, the natural and then the spiritual. The first man was from the earth, earthly; the second man, from heaven. As was the earthly one, so also are the earthly, and as is the heavenly one, so also are the heavenly. Just as we have borne the image of the earthly one, we shall also bear the image of the heavenly one."* (1 Cor 15:36-37, 42-49)

(Source: www.usccb.org)

ANNOUNCEMENTS

The Redemptorists of North America
Present their

Spring 2024 Racial Equity Series

Voting Rights and Segregation in Housing

Discussions led by Joseph Brown, S.J.,
Professor in the Department of Africana Studies at
Southern Illinois University at Carbondale

Voting Rights

Tuesday, April 9 7:00 - 8:30 pm CDT

Segregation in Housing

Tuesday, April 16 7:00 - 8:30 pm CDT

**Register in advance for the
Zoom meeting at:**

<https://us02web.zoom.us/join/register/tZAtdCgrTssE9MXKJKb6Hd7pZK77gyruspu>

Join author, Rachel Swarns
on April 3rd
for a book signing and
discussion of

**“The 272: The Families Who
Were Enslaved and Sold.”**

The signing starts at 5 p.m. and
the book discussion starts at
6 p.m.

Books will be available for
purchase

Center for Global Citizenship
Auditorium
3672 West Pine Mall
St. Louis, MO



SAINT LOUIS UNIVERSITY
—
COLLEGE OF ARTS AND SCIENCES
—
DIVERSITY, EQUITY, AND
INCLUSION INITIATIVES

Join us for Centennial Celebrations of the Life and Legacy of
Sister Mary Antona Ebo, FSM



**SAINT CHARLES
LWANGA
CENTER**
The Archdiocesan Office of
Black Catholic Ministries

The St. Charles Lwanga Center
Hosts

A Mass on the Centennial Anniversary of the Birthdate of Sister Mary Antona Ebo, FSM

12:00 p.m. Central Time

Wednesday, April 10, 2024

St. Josephine Bakhita Catholic Church

(former St. Nicholas Catholic Church location)

701 N. 18th St.

St. Louis, MO 63103

**Sister Mary Antona Ebo, FSM
Centennial Committee**

Presents

A Centennial Celebration of her Life and Legacy

2:00 p.m. Central Time

Saturday, April 13, 2024

St. Alphonsus Liguori 'Rock' Catholic Church

1118 N. Grand Blvd.

St. Louis, MO 63106

Livestreaming on YouTube at St. Alphonsus Liguori Rock Catholic Church

www.youtube.com/@st.alphonsusliguorirockcat9707



2705 Mullanphy Ln, Florissant, MO 63031

www.marygrovechildren.org

Join us for Faith, Food, & Friendship

We invite you to learn more about
Marygrove and the work we do for the
youth in our community. Join us for Mass
in our beautiful chapel, followed by a
delicious lunch and fellowship in the
cafeteria.

May 3rd

August 2nd

November 8th

Mass begins at 11:30am

Lunch begins at 12pm

Free to attend. Donations appreciated

To learn more or to RSVP please contact

Jackie Boyd at

(314)584-6129 or jboyd@mgstl.org

General Fund Actual Contributions Received

MARCH		
Envelopes	\$	\$
Electronic Offering	\$	\$
Loose Offering	\$	\$
Total Offering	\$	\$
Weekly Target Amount	\$12,500.00	\$12,500.00
Under/Over Weekly Target	\$	\$

Stewardship Prayer...

That our Easter celebration will help us to become more grateful and generous to make sacrifices to help build God's kingdom on earth.

"Think of what is above, not of what is on earth."

COLOSSIANS 3:2

On this day, we thank God for His Son, Jesus, who died, rose and opened the gates of heaven for us. We celebrate and sing "Alleluia." Let's try to keep the joy of this Easter season in our hearts throughout the year! Pray daily and listen for how God is calling each of us to joyfully use our gifts to fulfill His salvation plan.

Missionary Discipleship – Easter Sunday: Resurrection and the Real Presence

Surrexit Dominus Vere, Alleluia! The Lord is truly risen! Share this great news. Not only has the Lord risen, but He also remains present to us in every Catholic church throughout the world. As Pope Paul VI taught, "The Catholic Church has always displayed and still displays this latria that ought to be paid to the Sacrament of the Eucharist, both during Mass and outside of it, by taking the greatest possible care of consecrated Hosts, by exposing them to the solemn veneration of the faithful, and by carrying them about in processions to the joy of great numbers of the people" (*Mysterium Fidei* 56). We derive great strength from the Risen Christ who is truly present in the Eucharist each Sunday. How privileged we are to receive His Body, Blood, Soul, and Divinity and also to adore Him in the Blessed Sacrament. Each tabernacle is a throne for the Risen King. We must take advantage of the opportunity to adore our Lord and to pray in His powerful presence. He has given us new life and has raised us to the status of adopted sons and daughters. Embrace this new life!

Rock Seniors In Action will meet
April 2, 2024 in the gym after the
PH Devotions

AVAILABLE NOW!
PRINT & DIGITAL AD SPACES

The Support of Your Business is Greatly Appreciated

Bob Swagman from LPi, our bulletin printer, will be securing new ads for our church in the coming weeks. It is the support of the business community that helps to make our church thrive. Please consider purchasing a print and/or digital ad as your participation makes our bulletin successful, and you attract customers!

Church bulletin advertising is a cost-effective way to advertise 52 times per year and show support for your local community; in turn, parishioners will support you!

Digital advertising allows your business to be front and center to anyone who visits a church profile page on ParishesOnline.com — that's approximately 500,000 page views per month!

YOUR
AD
HERE

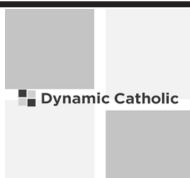
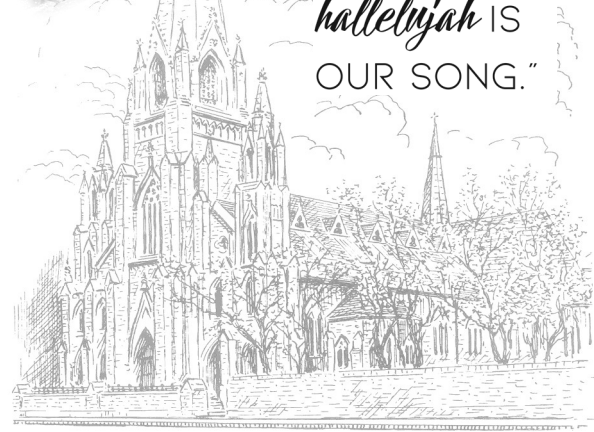


Bob Swagman
636-346-2058 Call or Text
RSwagman@4lpi.com

**PRAY FOR OUR
COMMUNITY**



"WE ARE
THE EASTER
PEOPLE AND
hallelujah IS
OUR SONG."



Dynamic Catholic started with a dream: to help ordinary people discover the genius of Catholicism. This is an organization where you can go to find many resources for free. Visit archstl.org/dynamic to view all the resources available to you!

OUR LADY OF PERPETUAL HELP PRAYER MEMORIALS

Continuous prayer for the “Rock” Saints who have transitioned from labor to reward during the past five years

Larry Ambus, Garvin Anderson, Hortense Anderson, Anita Louise Banks, Lillian Barnes, Loretta Beasley

Jean Irene Becker Herron Beckley, Ida J. Bohannon, Roderick Bolden, James R. Boykin, James Buford

Irving Clay, Willie Cunningham, Judith Dickson-Durham, Kevina A. Doss, Sallie duMaine, Sr. Carolyn Emerson

Fr. Kyle Fisher, C.Ss.R., Alice Gathright, Jermaine Gordon, Alonzo Green, Catherine Gregory, Georgette Gregory

Walter T. Gregory, Donna Hall, Barbara Harris, David Robert Herron, MaryAnn Hinton, Cassandra Hollins, Rosalind Hood

Jamar Huffmon, Willie Huffmon, Barbara Hudson Jones, Nadine Jones, Rev. Fr. Anthony “Tony” Judge, C.Ss.R., Robin Kyles

Stephen LaBerta, Rosemary Lee, Mary Ann Lewis, Joan Lowe, Anice Mahone, Isis Aaliyah Mahr, Kyle Martin

Bernice McCoy, Michael P. McCoy Sr., Eric L. McKinnie, Louis T. McKinnie, Glenn Miller, Roy Miller, Paul J. Naugles

James Joseph O’Brien, Anne Ortwerth, Alton Pritchard, Christian Reedy, Judith Reedy, Wendell M. Sams, Pearlie Savoy

Catherine Sherman, Lorraine Fite Stewart, Shontea Stricklin, Gloria Taylor, Oswald Lee Thomas, Robert “Bobby” J. Valle, Jr.,

Saundra Wallace, Ralph Watkins Jr., Ruby Wicks, Jessica Williams, Alvin Leon Wilson, Vernie Woolfork, Clarence Zacher

SACRAMENTAL PREPARATION

Sharon Cooney-Smith, DRE
314-533-0304

RCIA/RCIC

Children’s Liturgy of the Word

Baptism

First Reconciliation

First Communion

Confirmation

Matrimony

COMMISSIONS & CHAIRS

Christian Formation	TBD
Christian Service	Hilda Phillips
Finance & Adm.	Monica Huddleston
Liturgy	Richard Buckley
Social Life	Rose Graham
Youth & Young Adults	TBD

COMMUNITY HELP

Wilhelmina Hardin Food Pantry
Terri Schneider, Dir. of Wilhelmina Hardin Food Pantry
(Emergency Aid) (314) 944-2909

St. Charles Lwanga Center (314) 367-7929

Community Health In Partnership Services (C.H.I.P.S.)
(314) 652-9231

Community Women Against Hardship (CWAH)
(314) 289-7523

PARISH PASTORAL COUNCIL

Robert Caldwell President	Ronda Smith Branch Vice President	Hilda Phillips Secretary
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Theodore Branch

Richard Buckley

Audrey Ellermann

Gregory Hood

Teresa Hudson

David Martin

Jessica Pou

Patricia Pou

Jocelyn Woodson-Reed

ATTENTION

If your telephone number, home address or email address has changed, please contact the office at 533-0304 or email office@stalphonsusrock.org.

Bulletin announcements must be in the office for review and approval by 12 noon Tuesdays.

Please fax items to 314 533-4260 or e-mail to parish130@archstl.org

ANOINTING OF THE SICK & VISITS

“Is anyone sick among you? Call in the priests of the church and they will pray for the sick person and anoint them with oil.” (James) This is the sacrament of the sick. ARE YOU SERIOUSLY SICK, GOING TO THE HOSPITAL OR HAVING AN OPERATION? Call and leave your hospital information at the office.